ROPE ACESS TRAINING

CONTENTS

Level 1
1. Work at Height Principles and Protocols
2. Introduction to Hazard Management
3. Fall Factors and Calculation of Fall Clearance
4. Equipment Familiarization and Use
5. Multiple Rope and Aid Climb Manoeuvres
6. Introduction to Rope Anchors
7. Equipment Management
8. Basic Rescue Technique
9. Tools Manual Handing at Height

Level 2
1. All Item as in Level 1
2. Industry Standards and Regulation
3. Anchor Selection and Installation
4. Safe Rigging for Work and Rescue
5. Intermediate Rigging & Climbing Techniques
6. Intermediate Rescue Technique Including Haul and Lower Rescues
7. Pulley System

Level 3
1. All item as in Level 2
2. Comprehensive Understanding of Hazard Management and Risk Assessment
3. Project Planning and Management
4. Equipment Selection and Management
5. Advance Rescue Techniques
6. Advance Rigging and Climbing Techniques
7. Thorough Knowledge of Pulley System

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